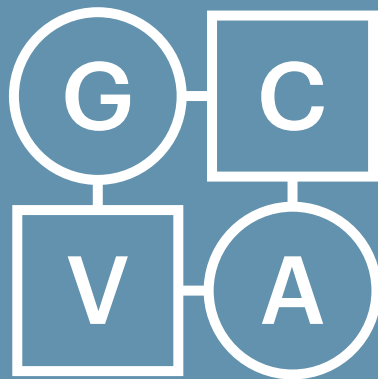


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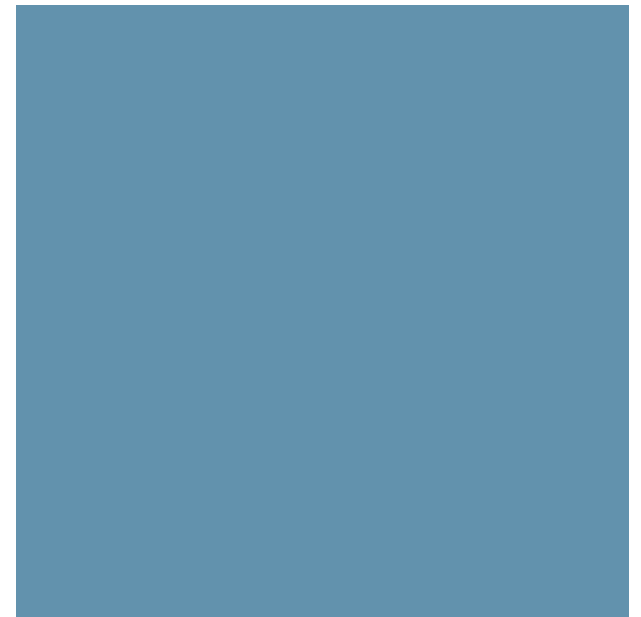
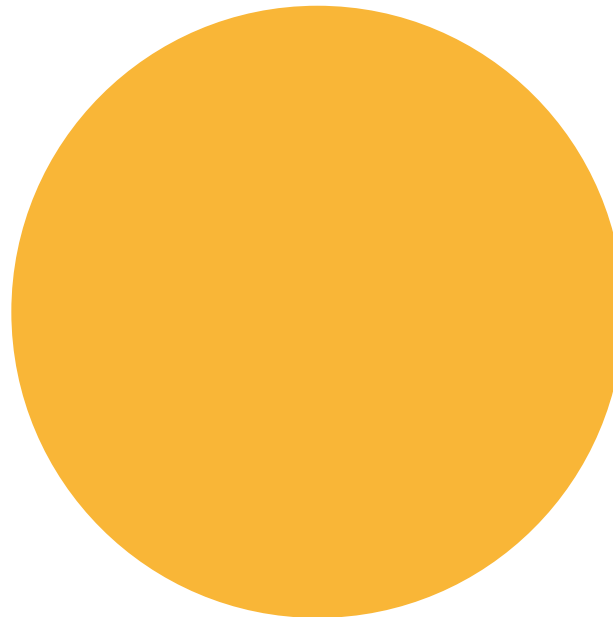


Lead sponsor

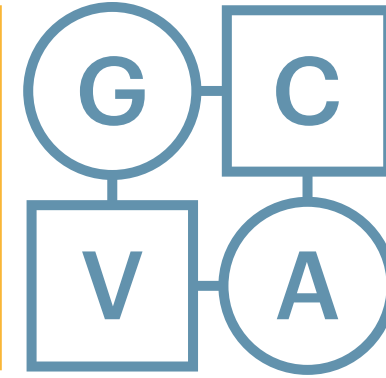


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The size of the problem...

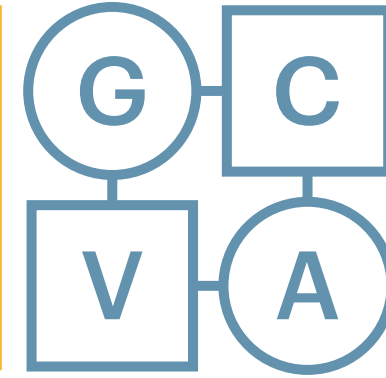


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- 3 in 4 are stressed at work
- **17.5 million working days** per year are lost in the UK to mental health issues
- The annual cost to the UK economy is **£45 billion**

Using Gift Cards?

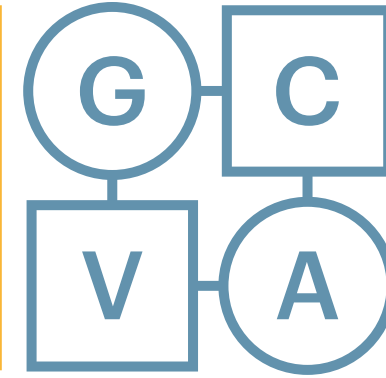


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- Financial benefits
- Feel-good factor from personalised rewards
- Reward & incentivise healthy lifestyles
- Reward people with gift cards that unlock prevention focused solutions

Top Tips



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- Everyone has mental health – be kind, accept & support each other
- Put wellbeing high on your business agenda, let's practice what we preach
- Focus on prevention rather than cure